Sense of Humor as Predictor of Creativity Level in University Undergraduates

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The current study was conducted to explore the sense of humor as predictor of creativity and sociability level in university undergraduates. Correlational design was used. A convenient sample of 300 students (155 girls & 145 boys), of Semesters IV and VI (BA/B.Sc Hons.) was drawn from 10 departments of GC University Lahore; pure sciences and social sciences (5 each). Age range of the sample was 18 to 24 years. Abedi Creativity Test (Abedi, 1994), California Psychological Inventory (Ahmad, 1986) and Multidimensional Sense of Humor Scale (Thorson, & Powell, 1993) were used to measure creativity, sociability and sense of humor respectively. Psychometric properties of measures were determined for the current sample. Linear regression analysis revealed sense of humor as significant predictor of creativity level and sociability. Furthermore, creation and performance dimension of humor was the significant predictor of creativity and elaboration subscale of creativity appeared to be a significant predictor of sense of humor. Results revealed that attitude towards humor and humorous people, subscale of humor appeared the only significant predictor of sociability. Suggestions for the future researches and implications have been discussed.

Keywords: Sense of humor, creativity level, sociability