

Detection of biofilm and bacterial colonization on DJ stent in obstructive uropathy

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Objective: To detect biofilm development and to see the culture and sensitivity on DJ stent in obstructive uropathy.

Methodology: This descriptive cross sectional study was conducted at Urology, Pathology and Microbiology Department of Chandka Medical College Hospital SMBBMU Larkana and SALU Khairpur from January 1, to July 31, 2018. DJ stents were removed from all patients either General or in Local Anesthesia with the help of cystoscope and foreign body forceps. Lower part of stent was cut for biofilm. Lower part of DJ stent was cleared with normal saline to eradicate surface contaminants then shifted to tryptic soy broth to see culture and sensitivity.

Results: Out of 55 patients, 35 were male and 20 females. Mean age of males was 27 ± 13.1 and female 22 ± 13.8 years. Among them, 15(27.27%) were found to form biofilm, which specially occurred in those patient who had DJ for longer

than six weeks. Biofilm formation was seen in 10 out of 35 (28.57%) males 5 out of 20 (25%) females. Stent culture was positive in 22 out of 55 (40%) patients. It was positive in 14 out of 35 (40%) in males 8 out of 20 (40%) females. The most common organisms seen were *Escherichia coli* in 15 (68.18%), *Pseudomonas* in 2(13.3%), *Klebsiella* in 2(13.3%), *Enterococci* in 1(6.6%) and *Staphylococcus coagulase negative* in 2(13.3%) patients.

Conclusion: Biofilm formation and positive cultures are common in any period of time, so removal of DJ stent should be well-planned with appropriate antibiotic prophylaxis to avoid complications like systematic inflammatory response syndrome and urosepsis. (Rawal Med J 202;45:350-352).

Keywords: DJ stent, Biofilm development, culture and sensitivity.

INTRODUCTION

Biofilm is accumulation of bacteria and extracellular biopolymers over DJ stent and it was first noted in the early 1990s by Hasan et al.¹ Biofilm formation on ureteral stents is related to associated morbidity due to bacterial pathogenicity and antibiotic drug resistance. Pradere et al² stated that the duration lengthening are the risk of bacteriuria and colonization increased.

DJ stent is a thin, hollow tube placed in the ureter during surgery for obstructive uropathy to make sure free flow of urine in ante grade fashion from renal system towards urinary bladder.^{3,4} Though it is used as friendly to patient, it may cause damage because of complications like formation of biofilm, encrustation of DJ stent, infection, and migration of DJ upward or downward, vesico-ureteral reflux, acute pyelonephritis and breakage of DJ stent.⁵

Enterococci are most common pathogens that lead to biofilm formation.⁶

There are three types of DJ stent like Polyurethane, Metal stent and Gel-based stent but only polyurethane available in Pakistan. According to coating techniques, Heparin coating, Hydrogel based coating, Diamond like carbon coating, Tirclosan-eluting coating, Oxalate degrading enzyme coating and Nanoscale-body coating are manufactured. In Pakistan, only polyurethane DJ stent is available, which poses serious problem like biofilm formation, bacterial adhesions and encrustation.⁶⁻⁹ The aim of this study was to detect biofilm development and and to see the culture and sensitivity on DJ stent in obstructive uropathy.

METHODOLOGY

This descriptive cross sectional study was

conducted at Urology, Pathology and Microbiology Departments of SMBBMU Larkana and SALU Khairpur from January 1, to July 31, 2018. All DJ stents removed from patients under either General or Local Anesthesia by cystoscope/ ureteroscope were sorted for biofilm formation. Approval for the study was taken from the scrutiny committee of SALU Khairpur. Obstructive uropathy patients having DJ stent in situ of all age groups were included in this study, while patients with stone disease, diabetes mellitus and patients on antibiotics treatment were excluded from this study design.

Detailed presenting complaints, age and gender were noted. Complete examination of patients was performed. Especially, time duration of DJ stent was noted. Basic investigations like Full blood count, Urinary detailed report, Urine C/S, Blood Urea Nitrogen level, Creatinine level, Ultrasound KUB, X-Ray KUB and X-Ray Chest were performed in all patients. Lower part of DJ stent was cut and irrigated with normal saline to remove surface contamination and then was transferred to tryptic soy broth for culture and sensitivity.

RESULTS

Out of 55 patients, 35 were male and 20 females. Mean age of males was 27 ± 13.1 and female 22 ± 13.8 years. 30 out of 55 patients (54.54%) had stent duration of greater than six weeks with mean time of 7.6 month. Among 55 patients, 15 patients developed Biofilm (Fig. 1).

Fig. 1. Patients with positive biofilm.

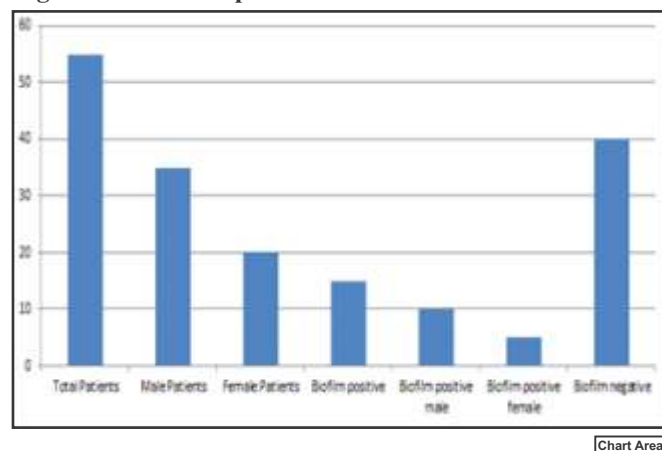
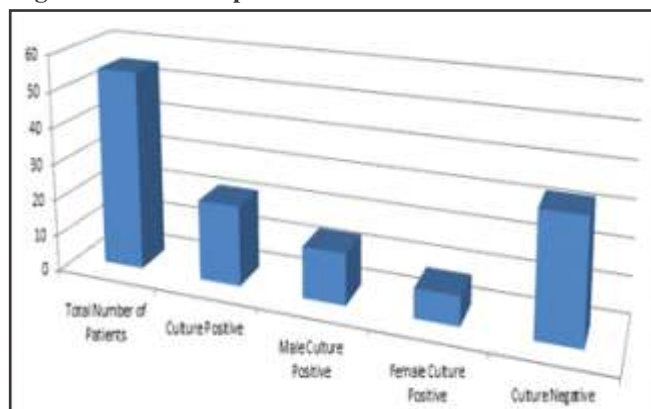


Fig. 2. Patients with positive culture.



Biofilm development was more common in men, 10 out of 35 male patients (28.57%), while 5 out of 20 female patients (25%) developed biofilm. Among these 15 biofilm forming patients, 10 patients had positive culture (Fig. 2).

DISCUSSION

DJ stents are a frequently used and essential tool in the field of urology.¹⁰⁻¹³ Hassan et al¹ stated that 80% of Nosocomial urinary tract infections are associated with use of Percutaneous Nephrostomy, ureteric catheter and DJ stenting. Cormio et al⁶ reported that 23 DJ stents were inserted which included 8 different types and after 6 weeks intubation, scanning with electron microscopy revealed sporadic bacteria in 7 (30%) ureteric stents and development of biofilm on only 2 (9%), which is comparable to our study.

Berat et al¹⁴ and Zhang et al¹⁵ found positive biofilms development in 10% patients and common pathogenic organism was E coli, and the pattern of drug resistance in bacterial biofilms on the ureteral stent was relatively higher. In our study, the commonest organism seen in culture was E coli, 15 out of 22 culture positive patients (68.18%). Other organisms included Pseudomonas (13.63%), Klebsiella pneumonia (9.09%) and Staphylococcus coagulase negative (9.09%). Higher resistance pattern was seen which is comparable to Zhang et al¹⁵ and O'Toole et al.¹¹

Gregor Reid et al¹⁷ placed 30 stents for 5 days to 4 months after extracorporeal shock wave lithotripsy and evaluated for development of biofilms and bacterial adhesion and found 90% had adherent

pathogens. Isolated organisms showed, 77% Gram positive cocci, 15% showed Gram negative rods and 8% showed Candida and 15 cases of biofilm development. All uro-pathogens were responsible to attach and develop biofilms on stents within few hours.

et al⁵ and LeRoy et al¹² also found 36% bacterial colonization of ureteral stents by saponification. Hasan et al¹ and Yaron and Romling¹³ also found 29.9% bacterial colonization and common organisms were Staphylococcus coagulase negative and E. coli. Resistance to antibiotics is increasing, which seen in culture and sensitivity reports. It was observed in Quinolone (50%), Cephalosporin (60%), Gentamycin (55%), B-lactamase (30%), Penicillin (65%). Sensitivity pattern of antibiotics was also observed in few drugs. These included Amikacin (82%), Nitrofurantoin (92%), Fosfomycin (93%), piperacillin/Tazobactam (95%) and Meronem (96%). This is similar to results reported by Saltzman et al⁸ and Gregor Reid et al.¹⁶

CONCLUSION

This study revealed that development of biofilm and bacterial colonization on DJ stent was related to time duration. It is recommended to remove DJ stent as earlier as possible and routinely perform culture and sensitivity of part of stent to prevent biofilm formation and septicemia.

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Conception and design: Ghulam Shabir Shaikh
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