

## EFFECTS OF WHOLE-BODY MAGNETIC FIELD ON CHANGES OF GLUCOSE AND CORTISOL HORMONE IN GUINEA PIGS

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### ABSTRACT

The main goal of this study was to evaluate the possible effect of whole-body magnetic field (MF) exposure on the variations of glucose and cortisol hormone levels on 36 adult male Guinea pigs. In four separate experiments, male Guinea pigs, were exposed to sinusoidal 5 Hz, 0.013  $\mu$ T and 50 Hz – 0.207  $\mu$ T MF. Duration of exposure was 2 and 4 h/day over a period of 5 days. At the end of the exposure, blood samples were isolated and level of glucose hormone measured by Auto analyzer. Cortisol content of blood sera was measured by radioimmunoassay (RIA). We found significant decreases in the levels of glucose and cortisol hormone in 50 Hz – 0.207  $\mu$ T MF after 2 h exposure ( $p < 0.05$ ). This condition was seen only for Glucose hormone after 4 h exposure ( $p < 0.05$ ). In all test sample, exposure after 2 or 4 h in 50 Hz – 0.207  $\mu$ T, showed greater decrease compared to 5 Hz, 0.013  $\mu$ T MF. Our results indicated that a presumably direct effect of whole – body MF exposure on levels of glucose and cortisol hormones.

**Keywords:** Magnetic fields, glucose, cortisol, hormone, guinea pigs

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### INTRODUCTION

Numerous biochemical studies have been carried out to evaluate the effects of electric and magnetic fields on the metabolism of cell (Kato *et al.*, 1994; Margonato *et al.*, 1995; Zecca *et al.*, 1998). The studies showed significant disturbances in the metabolism of carbohydrate, lipid and protein reflected by altered blood glucose levels and by accelerated glycolysis and glycogenolysis with a metabolic block of conversion of pyruvic acid to acetylcoenzyme A. The levels of total protein and its fractions were also changed. The Krebs cycle was disturbed probably due to a metabolic block of conversion of alpha-ketoglutaric acid to succinyl-coenzyme A. It is likely that the disturbances lead to adaptative changes, which in turn result in altered lactate dehydrogenase activity and accelerated transamination processes (Picazo *et al.*, 1995; Sert *et al.*, 2002; Al-Akhras *et al.*, 2001). Electromagnetic fields penetrate the animal body and act on all organs, altering the cell membrane potential and the distribution of ions and dipoles. These alterations may influence biochemical processes in the cell, thus changing both biochemical parameters and enzyme activities of serum. Data on the effects of electric and magnetic fields on human health and other animals are inconsistent probably due to differences in the exposure conditions, populations and parameters studied (Elbetieha *et al.*, 2002; Heredia-Rojas *et al.*, 2004; Lee *et al.*, 2004).

In the last decades, utilization of electricity has increased and diffused in both households and industries. The frequency of the current used in these systems is 0-300 Hz. This frequency interval is termed extremely low frequency magnetic field (ELF-MF), which is a non-ionizing radiation having photon energy too weak to break the atomic bonds. One of the most important fields of research in this topic is the investigation of the possible biological effects of power-line frequency (50/60 Hz) MF. At these frequencies, male and female reproductive functions have been proposed as possibly sensitive targets for the biological actions of MF. However, experimental data on male reproduction are quite limited and contradictory (De Vita *et al.*, 1995; Forgacs *et al.*, 1998; Kubinyi *et al.*, 1998; Stoklosowa, 1982; Forgacs *et al.*, 1998; Joshi *et al.*, 1987). The main goal of this study was to evaluate the possible direct effect of wholebody 5 and 50-Hz MF exposure on levels of glucose and cortisol hormone.

### MATERIALS AND METHODS

#### *Animals*

Male Guinea pigs weighing  $363.17 \pm 10.58$  g average (8-9 weeks old) were kept in a room with a 12:12 light/dark photoperiod, temperature of 20-23°C, and relative humidity of 50-60%. In each experiment, 10-13 sham-exposed and another 10-13 exposed mice were kept in plastic cages and allowed free access to standard laboratory pellets (Altromin) and tap water. The MF exposure was carried out in four repeated experiments.

### Magnetic Field Exposure

All procedures does base on Kula, 1985. The sinusoidal, 5 and 50-Hz MF was generated by a pair of double-wound coils connected to an internally developed, stabilized AC-current generator. The coils were embedded in molded epoxy resin to avoid vibration. The inner diameter of the coils was 42 cm. The distance between the two parallel coils, mounted horizontally above and below the mouse cage, was 32 cm. The orientation of MF was vertical. The magnetic flux density was measured with a Hall detector-type MF sensor and monitor (Lakeshore M420).

### Cortisol Radioimmunoassay

Quantification of cortisol level was performed by RIA. In addition, blood samples were taken from exposed and control animals to check the levels of blood sera cortisol. cortisol (3.74 TBq/mmol) was obtained from Pasteur Institute, Tehran, Iran. The cortisol standard and antiserum were kindly donated by Dr. Shokrzadeh (Sari Medical School, Department of Pharmacy). The interand intra-assay coefficient of variations was 9.4 and 6.5%, respectively. Crossreactivity was 7.9%.

### Glucose Determination

Blood was taken from tail portion, collected in plastic Eppendorf tubes containing K3EDTA. At sacrifice, free-flowing blood was collected in plastic Eppendorf tubes. After centrifugation, serum was removed and the samples were then analyzed for levels of glucose serum by an auto analyzer instrument (A.L. Instruments, France).

### Statistics

The data were analysed by t-test and ANOVA using SPSS (version.12) computer software, and a value of  $p < 0.05$  and  $<0.001$  was considered to be significant.

## RESULTS AND DISCUSSION

The mean values ( $\pm$  SEM) of chortisol and Glucose levels for exposed and sham-exposed in Guinea Pigs are shown in Table1 and 2. Statistical analysis gives evidence of significant difference between exposed and control groups.

Table 1. Concentrations of Cortisol (in mg dL<sup>-1</sup>) in serum exposed to Magnetic field in Guinea Pigs.

Group	2 Hours	4Hours
I= 5Hz – 0.013 $\mu$ T	568.46 $\pm$ 25.4	439.12 $\pm$ 58.50
II=50 Hz – 0.207 $\mu$ T	327.65 $\pm$ 34.29 <b>a</b>	412.50 $\pm$ 42.74 <b>b</b>
Control	586.67 $\pm$ 50.35	532.25 $\pm$ 54.67

**a**  $p < 0.05$ , **b**  $p < 0.001$ , All data shown as mean $\pm$ SEM

Table 2. Concentrations of Glucose (in mg dL<sup>-1</sup>) in serum exposed to Magnetic field in Guinea Pigs.

Group	2 Hours	4 Hours
I= 5Hz – 0.013 $\mu$ T	111.83 $\pm$ 13.52	114.33 $\pm$ 4.99
II=50 Hz – 0.207 $\mu$ T	79.16 $\pm$ 15.39 <b>b</b>	77.66 $\pm$ 9.32 <b>b</b>
Control	113.66 $\pm$ 8.13	124.16 $\pm$ 8.05

**b**  $p < 0.001$ , All data shown as mean $\pm$ SEM

There was no significant difference between 2 and 4 hours exposed animals in I and II groups and was significant in group II (50 Hz – 0.207 $\mu$ T exposed) both cortisol and Glucose levels in compared to the sham-exposed controls . In the group subjected to 5Hz – 0.013  $\mu$ T exposures, no significant elevation in cortisol and Glucose levels was seen after a 2 or 4h, while the group subjected to 50 Hz – 0.207 $\mu$ T exposure seen. The highest decrease in Glucose level seen (79.16 $\pm$ 15.39) and Cortisol (327.65 $\pm$ 34.29) after 2 h exposed to 50 Hz –0.207 $\mu$ T

.In group II, there was a statistically significant decrease in total serum Glucose and Cortisol content (Table 1 and 2). All of the groups showed changes in Glucose and Cortisol levels.

Many previous studies of the effect of electromagnetic fields on living organisms showed that the initial effect of an electromagnetic field is the triggering of key biochemical processes in various metabolic pathways (De Vita *et al.*, 1995; Forgacs *et al.*, 1998; Kubinyi *et al.*, 1998; Stoklosowa, 1982; Forgacs *et al.*, 1998; Joshi *et al.*, 1987).

The effect of an electromagnetic field on the living organism is a complex phenomenon. The initial mechanism is physicochemical in nature; and afterwards biological effects develop. The physicochemical action of an electromagnetic field consists in electron, ion, dipolar, macrostructural and electrolytic polarization. Other factors may also play a role, such as molecular excitation, biochemical activation, generation of radicals, chemical bond weakening, hydration change, altered relaxation time of atom vibration, and altered spin of dipoles (Picazo *et al.*, 1995; Sert *et al.*, 2002; Al-Akhras *et al.*, 2001). These physicochemical changes may affect the biochemical parameters of serum. many studies showed changes in protein levels the changes occurred in all electrophoretic in vivo protein fractions of serum; but the levels of albumins and  $\gamma$ -globulins were most affected (Forgacs *et al.*, 1998; Joshi *et al.*, 1987; Kula, 1985).

In this study, we observed a decrease in Cortisol and Glucose levels. The decreases may have resulted from hormone synthesis in the Kidney, which is controlled by peptides hormones. The availability of tissue proteins, release of amino acids and their metabolism in the liver are triggered by the katabolic action of glucocorticoids but the changes observed in Glucose level can be attributed to accelerated glycolysis and glycogenolysis with a metabolic block of conversion of pyruvic acid to acetylcoenzyme A only. The action of glucocorticoids is also determined by the function of the liver and nutritional status (Phelps and Laskey, 1989; Bordiushkov *et al.*, 2000 ).

The results of our experiments show that whole-body MF exposure is able to decrease the Cortisol and Glucose level after 50 Hz – 0.207 $\mu$ T. Further investigations are required to clarify the subcellular action of applied MF, as well as to establish the biological significance of this phenomenon.

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